

English. The 'O' is just an article that we place before the name of the city where grammar requires it. Brits didn't understand and thought it was actually part of the name. There you are!

USE SOME SWEAR WORDS We use insults as a way to pepper normal conversation here. This has nothing to do with being rude or rough, although people from the rest of the country are usually shocked. Murcão ('idiot') or carago (for when one is surprised or irritated) are two typical ones from Porto.

BE SURPRISED AT THE MANY TOURISTS Once articles and rankings declaring Porto 'best destination', 'hidden treasure' and 'most underrated city' started appearing everywhere, boom! Suddenly there were lots of tourists. We feel it's flattering and it certainly is bringing a new life to the city, but we are still getting used to all the very quick changes and challenges that come with mass tourism.

KISSING PROTOCOL The standard is two, Men kiss women as soon as they're introduced, but always shake hands with other men. Men only kiss men if they are family, very close friends, or gay. For girls it's easier – two kisses for everyone. And you know you just met someone really posh if they kissed only once (so ask them to buy the drinks).

MEAL TIMES Eating hours are fairly strict; lunch from 12:30-13:00 to 14:30, dinner 20:00 (never before) until 22:00-23:00 (or later). Many restaurants are not even open apart from these hours.

PARTY LATE Don't be surprised to find the bars empty at 22:00 and the clubs not yet filled at 03:00 or 04:00. We're probably still at the dinner table (or trying to decide where to go). Come back later!

PRAY FOR THE PALM TREES Because beetles are eating them. The bug is originally from south Asia, but

arrived in Portugal a few years ago. It starts by eating the young leaves at the top making the palm trees look like an umbrella, and then drilling a hole inside the trunk. A number of palms are being treated and a few have survived, but the beetle is very resistant and many trees have simply died. We are very sad about that. PORCELAIN FROGS You will see some shops and cafés

with porcelain frogs by the entrance. Unfortunately they are not just decoration. Some shop owners believe gypsies are afraid of frogs and that they will refuse to enter if they see these figures. Maybe you can let them know that xenophobia is not cool? By the way, gypsies are not afraid of frogs.

HAVE FRIENDS THAT EMMIGRATED Ask any local how many of their friends have moved abroad. Everyone has at least a handful who have. The infamous economic crisis hit us hard, and we now feel somewhat lonely because our friends are no longer around.

DRINK SUPER BOCK! That's the beer brewed here. And forget about Sagres, brewed in Lisbon, (Truth be told: they don't taste that different)



ACADEMIC TRADITIONS Those people you see wearing black capes on the street are not Harry Potter fans they are university students (the ones who are into this stuff). With the cape come old-fashioned and bizarre habits that include humiliating (or just plain hazing) groups of first year students on the street This should help them 'integrate' and have 'the best vears of their lives.'

SAY "FINO" AND "CIMBALINO" Two words used only in Porto will get you a lot of extra points. First, when ordering a draft beer, say you would like a fino. For esso, these days most people would just ask for a café. But cimbalino used to be the standard term, and if you use this phrase the locals will love you.

RARELY DRINK PORT WINE Of course everyone has a very good, expensive bottle at home, which we use for special occasions with family or friends. But even if port is not that consumed, habits are changing, and cocktails like "port and tonic" are becoming more

FADO" IS ORIGINALY NOT FROM PORTO Fado is often said to be the "national song" of Portugal. But the truth is, historically, fado is rooted in Lisbon and Coimbra, with no real tradition elsewhere in the country. However, n Porto, you have fado vadio ("stray" fado), sung mostly by dedicated amateurs at "fado houses" (tavern-style restaurants where people sing fado). Going for fado is something that young people generally don't do, although it's getting a bit more popular. If you want to listen to this sad and melancholic music, look for "Casa da Guitarra" (a shop with concerts), or "fado houses" "Adega do Rio Ouro" and "O Fado".

BE A FAN OF FC PORTO The real champions! After many years of modest success, in 1982 Jorge Nuno Pinto da Costa ('the Pope', as we call him) was elected president Since then Porto has become Portugal's (1987 and 2004). José Mourinho also started there.

TO PISS OFF THE LOCALS 'I like Lisbon better', 'Why don't you speak Spanish?', 'Wasn't Port Wine Just try. And hope you live to tell the tale.



There are several on how to cook bacalhau (our treasured dried and salted codfish) because we eat it in every possible way. Ironically it doesn't exist in Portugal, and all of it is imported from Norway, Iceland or Canada.

ANCESINHA It's a 'sandwich' served on a plate, consisting of ham, sausages and a steak between two slices of bread, then covered in molten cheese, and a generous amount of a thick spicy sauce. It's a calorie bomb, and onsidered to be one of Porto's staple dishes. 87

HPRESERVES If for you "fish in a can = cheap food", allow us to prove you wrong because Portugal produces really good stuff: think of the best sardines and mackerel. then flavoured with whole spices like cloves and pepper corns, and canned with olive oil. Look for brands such as Pinhais, Minerva or La Gondola, produced around here. 16 82 TRIPAS The city's official dish; a stew of cow tripe, smoked

meats and beans and served with rice Traditionally restaurants only cooked it on Thursdays (and many still do). BROA DE AVINTES Broa is the generic name given to a kind of bread that is "rough", and there are many variations. The most famous in Porto is broa de

Avintes (named after the place where its made, on the outskirts) and is dark brown, very dense, made with corn and rye flour, and slightly sweet. 80 81 82 ALHEIRA Sausage made out of chicken, bread and spices, and eaten grilled or fried (you can easily do it yourself; just toss it in a frying pan). It was created by Jews in the Northeast of Portugal during the Inquisition in order

to make it look like they had converted to Christianity

2nd city, serving as a trade centre and meeting point for Roman routes. By the 5th/6th century the name becomes Portucale and spreads to the whole region.

1095 Count D. Henrique, from Burgundy, France, helps King Alfonso VI of León y

Portucale has its independence recognized, and becomes the Kingdom of Portugal.

ater, D. Afonso Henriques proceeds to take Lisbon from ne Muslims and conquer the modern day territory. For ome reason 'Lisbongal' is not the name of this country!

 $1394\,$ Infante D. Henrique is born in town. In 1415 he begins the 'Discoveries Era', and

icluding Brazil, Angola, parts of India, and quite a w other places. The legend goes as he and his sailors re given all the meat, those left in the city eat tripe

1756 By royal decree, Marquês de Pombal declares the Douro Valley to be the exclusivoroduction region for Port Wine, thus becoming the

ats joined together with ropes. On March 29th the

my of Napoleon invades the city, causing a wave of

anic that leads the population to try to escape to the cher side. However, under the weight of the running tob, the fragile bridge collapses and as many as 4000 cople drown. This is Porto's largest disaster.

stilla to drive away the Moors who had invaded Iberia. a gift for his bravery, and for having married D. Teresa, e king's daughter, he's given the county of Portucale.

because they were eating sausages, which in Portugal are always made with pork – except for this one. 82 FISH We don't need to write about this one, right? 8 12



ouses all over Gaia. 68

y, we reckon they had good taste!

n candidate who lost, obviously due to nt elections. 'My heart will always be in

for what was the first demonstration against the regime. He has to go into exile, but seven years late the political police still manage to murder him.

 $1974\,$ On April 25th, the Carnation Revolution takes place, putting an end to 48 years of

1980 Prime-minister Francisco Sá Carneiro an esteemed local, dies in a plane cras

when flying from Lisbon to Porto. As a kind of morb homage, Porto's airport changes its name, and is no

1992 Alvaro Siza Vieira, a Porto native, is the first Portuguese to receive the Pritzker Prize, something like the Nobel Prize for Architecture, In 2011, Eduardo Souto de Moura,

 $2002\,$ The much needed first Metro line opens, and more follow. Although

very proud of it and the stations that are actually

2004 Portugal hosts the UEFA European Football Championship. The opening game is at the newly built Estádio do Dragão, and

although Portugal loses first place to Greece, for one summer at least this city is about football.

2005 Ryanair starts flying here. Suddenly ware not that far away from the rest of

2008 The 'downtown euphoria' begins. Once considered a desert where you could hardly find a drink, and where there were no pretty cafés or gourmet burgers, suddenly bars and clubs

 $2015\,$ Manoel de Oliveira dies at the age of 106 Born and based here, he's a world famou

film director who worked until his last day (his work

fits into a certain type of slow and contemplative

Europe and tourists start flocking in.

underground are beautiful.



FRANCELOS

VASCO DA GAMA

DO MAR



Before you pack the beach towels, and just so that you know: the water in the ocean is quite cold, and the wind can be strong at times. Here are two options:

1 MATOSINHOS: wide beach by the city, with many surfers and surf equipment to rent. Take the metro to "Matosinhos Sul" and walk 5 min, or Bus 500. Ticket Andante Z3 (€1,55). Across the harbour e are more beaches as well, and the wonderful TIDAL SWIMMING POOLS. Either walk across the ovable bridge and then alongside the shore (around 25 min), or catch Bus 507.

GAIA: take a train from either <u>São Bento</u> or Campanhã stations, direction Ovar or Aveiro Takes 15-20 min. Ticket Andante Z4 (€1,95). www.cp.pt for timetables. Long stretch of beaches. In Miramar you can't miss the 4 CAPELA DO SENHOR DA PEDRA ('Chapel of the Lord of the Rock') right at the water's edge. The rock that the chapel is built on used to be a pagan altar which was properly Christianized by the chapel in the 17th century, but people still come at night for witchcraft rituals, so you might find candles, flowers photos or even a dead chicken Aguida is still pretty much the little fisherman village it always was. If it's your thing, you can visit the 5 LITORAL STATION OF AGUDA (Mon-Fri, 10:00-12:30/14:00-18:00, Sat-Sun 10:00-18:00, €2/€4), a building right by the beach that combines a Fishery Museum and an Aquarium that displays local marine fauna and flora. Granja is where the Royal Family had its summer house in the 19th century, which means all the bourgeois wanted to have impressive villas here as well. Most of the new construction is not in the best taste, but you still can get a feeling of the past. Espinho is a proper town, with orthogonal streets that have numbers instead of names, and where you can eat ice cream while looking at the ocean.



TIDAL SWIMMING POOL Built right on the rocks, these TIDAL SWIMMING

POOLS were designed by Siza Vieira and opened in 1966. The building is a modernist raw concrete masterpiece and the two salt water swimming pools merge wonderfully with the rocks and beach. It is open only during the summer months, but even if it's closed you can see most of the building and the pools from the street. (from mid June to mid September, every day 09:00-19:00, €4 to €8).

FISH MARKET

If you want to see a lot of fresh fish at the same time, step inside the MATOSINHOS MARKET. It's big and hardly sells anything else. If you want to buy some, you'd better go earlier in the day, or you risk not finding any. (Mon-Sat 10:00-19:30)

SEAFOOD OVERDOSE

'Mom, tell grandma to get another arroz de arisco going!' is what you might hear when you er ple's Seafood Restaurant'. It's a non-fancy fam rves 2 or 3 people), some arroz de marisco (runny r th seafood) and creme de marisco (creamy seafood

GRILLED FISH STREET

Rua dos Heróis de França is full of restaurants (normally closed on Mondays) where you can have very fresh grilled fish, skilfully cooked by the masters of the grill right on the street. They are all very similar in quality, and most of them are small family-run

M HOSPITAL SÃO JOÃO

tavern-style places. Some are a bit more fancy than thers, so just choose one that you like. Dourada (gilthead bream) and robalo (sea bass) are the most common options, but having a dozen sardinhas (grilled sardines) or lulas (squid) with roasted peppers, salad and boiled potatoes, is also worth a shot. The appetizers are also good, so if they put some salada de polyo (octopus salad) or escapeche (pickled horse mackerel) in front of you. you might not say no.

DESIGN AT A BANK

10

SIGHTSEEING

BAR

FOOD

ART SPACE

BUS/TRAM

LOCKERS €3-4/24H

SUPERMARKET

(i) TOURIST INFO

M METRO

T TRAIN

B BOAT

Housed in a former bank dependency (a beautiful building from the 1930's) and run by a design school, ESAD-IDEA is another exhibition space dedicated to design and its related topics that recently opened in this area. It also has a shop selling limited ditions of books, posters and prints. (Tue-Fri 10:00-18:00)

CRUISE SHIP TERMINAL

This big white and extravagant round building right by the shore is the new ${\color{red} {\tt CRUISESHIP\,TERMINAL}},$ and the inside is just as spectacular as the exterior, with its exquisite tiles and organic shapes. Normaly only those taking a cruise can enter the building, but it opens fo but no need to book in advance)

DESIGN AT A GARAGE

A very large exhibition space located inside a former garage in the basement of Matosinhos Town Hall, CASA DO DESIGN ("House of Design") opened just a few months ago. It hosts exhibit related to design in its various forms and its evolution (and not just the shiny-edgy-looking-stuff), with a focus on what's produced in Portugal. (Mon-Fri 09:00-12:30/14:00-17:30, Sat 15:00-18:00; free)

GOURMET CANNED FISH

USELESS WITH A VIEW This big column in the centre of Porto's biggest When it was built in 2001. nobody had any clue what the Napoleon's armies (Impress the Locals). On top there's a TRANSPARENT BUILDING was for. Yes, a few million euros had been spent without having a plan, an eagle (representing the Napoleonic empire). and for years it sat empty while idea after idea was

> Inside "Brasília", the first shopping centre to open in town back in 1976 is $\underline{\text{MUNDO FANTASMA}}$ ("Ghost World"). It's the biggest bookshop dedicated to comics in the country, where you can find everything from very underground manga to collectors' stuff. Like many of these once glorious early shopping centres this one now has a rather decadent feel. But in the labyrinth of shops (many of them closed) you will see some that modern shopping centres don't usually offer dedicated to model trains, stamps and coin collections, goth/punk/metal stuff, or esoterica.

A recent renovation turned the modernist BOM SUCESSO MARKET into an enormous food court full of small restaurants, with a little corner where the groceries that used to be its main business can still be bought. Good for when you are in a rush, or feel like sampling several foods based on traditional Portuguese dishes,

at the entrance and a café at the back, so you can just stop by and buy a minced meat croquete. Or stay longer and have a lanche misto (sweet pastry filled with cheese and ham) or cake. If you come around Christma time, you will see a long queue, as they sell one of the most famous Bolo-Rei in town ("King Cake"

filled with dried and candied fruit, typical of this season). (every day, 8:00-00:00)

We come to Foz for a long walk, with the

CAKES AND A VIEW
As you enter the cofeehouse TAVI, you sense the

PEE IN STYLE

tapas with a little wow-effect. The menu changes constantly, but there are always nice surprises made with Portuguese products. Facing the river, the sights are very pleasant on a sunny day. Quite popular, so be sure you'll have to wait a bit for a seat, (Tue-Sun 12:00-00:00

TOURISTY TRAMS

OÃO Street festival on the night of June 23rd Celebrations in honour of the saint who guards over Porto. Thousands of paper hot-air balloons in the sky

RIBEIRA Fado music festival. Many concerts at

playing at parks in the afternoon/sunset (free) www. facebook.com/virtudeslazysessions/www.facebook.com/ PORTOSUNDAYSESSIONS/ (also August and September JAZZ NO PARQUE Open air jazz concerts at 68.

EIRA DO LIVRO Bookfair. At 36 (free) With a parallel

FIMP Puppet theatre festival. Comtemporary aproaches to puppets. www.fimp.pt

RKET Arts and crafts street marke

ICIPAL THEATRE A programme made up mostly of international and national dance co and theatre (sometimes with subtitles). www.

MALA VOADORA Small venue hosting edgy performances and plays, both Portuguese and nternational. Often in English. www.malavoado

DA MÚSICA Concerts of basically everything: 1

every day, May-Sep, 10:30-19:00; Oct 10:30-18:00



trains between Valongo and Espinho (trams, funicular, boats and cable-car have different tickets and prices). Transfers can be made for one hour with the same ticket. One 'Andante' per person, you can't share it. • Buy a rechargeable 'Andante' card (€0,60) and then pay for individual trips (at vending machines in stations, and most newsagents) according to the zones vou need to travel, displayed on the in-station maps (don't worry, locals have problems figuring it out, oo), 2 zones (Z2) = €1,20 / 3 zones (Z3) = €1,55 (Z2 and Z3 should cover most of your needs) / 1 day = €7 (no zone limitations) / 3 days = €15 (no zone limitations) • The Metro is open 06:00-01:00.

AIRPORT

The easiest way is by Metro. The first train departs from Estádio do Dragão at 06:10, the last at 00:49: 2 or 3 trains per hour; check schecules. The ride takes about o min. If you need to be at the airport earlier, use night bus 3M (leaves from close to 78; at 01:00, 02:00, 03:00, 04:00 and 05:00; takes 30 min.) Ticket Z4 (€1,95)

Maps, info on car and bike rental, tours, activities in

the region, and everything else you might need. Centre (close to 50)

 $\underline{S\acute{e}}$ (inside the medieval tower next to $\overline{72}$) every day, Nov-May 09:00-19:00; Jun-Oct 09:00-20:0 iPoint Aliados (green kiosk, one block away from 78)

lov-Apr, Mon-Fri 09:30-19:00 (when the weather allows); May-Oct, every day og:arriy to spare, for30-18:30 <u>iPoint Campanhã</u> (inside Campanhã train station, close to 9)

where mext VIGO/SANTIAGO (SPAIN)



It is foolish to have meat in a fishing village, o PEDRA FURADA offers nothing but fish. It's a simp small local tavern, and if the weather is good you ca n the street. For starters, you get mouthwate nall fried sardines (you can eat the whole thing i te, bones, head and tail as well) and delicious col

rinated mussels. The fest goes on with some fal k for the homemade liqueur, which is infused w ttle, and you will end up drinking more than you FLEA MARKET People come to **VANDOMA**, a big open air flea

market, to sell their grandma's porcelain cups, unwanted Christmas gifts, clothes, tiles, records... A year ago the market was relocated from the old town to this new and larger place, and many are still not very happy about the move because they feel it has lost its vibe. But even if the surroundings are not exactly charming, it's just as busy as before, and you surely car find a good bargain. (Sat o6:00-13:00, Av. 25 de Abril: metro

6 CLIMB THE ARCH In 1963, when it opened, ARRÁBIDA BRIDGE had the largest concrete arch in the world. A Swedish TV channel even broadcasted live its completion in the anticipation of a massive collapse...that didn't happen. And now, you can climb it! There are stairs on the arch, and you can walk the 262 steps up to the middle, 65 meters up in the air, above the river,

and enjoy the really breathtaking view over the city

and the sea, (every day; check the tours schedule's on www.

portobridaeclimb.com: €9.50 weekdays: €12.50 weekends) 7 FISHING VILLAGE AFURADA is a lovely fishing village, which has

been partly converted into a marina. There are both ing boats as well as places to dry and fix the fishing nets, although the area is now shared with fancy sailboats.

8 NO CARNIVORES ALLOWED

"Campanhã", then walk 5 min up Rua de Justino Teixeira)

swans and the ducks in the lakes, look for frogs in the ponds and, if you're lucky enough, you may even spot a rabbit or two, (daily 08:00-22:00/24:00) SUN, SEA AND POSH PEOPLE FOZ (meaning 'mouth of the river') is the district

by the sea traditionally associated with the upper classes. blue-blooded families and very rich football players. It feels a bit like another town, and that might be becaus until the 19th century Foz was a seaside resort outside of the city with many tourists and British residents A community of fishermen still lives on what is now a village inside the city, with many really narrow and confusing streets where it is nice to get lost.

20 - 24 TERRACES

CITY PARK

sea on one side and those large fin-de-siècle mansions on the other. But if we simply want to enjoy the sun with a drink in our hands, there are severa<u>l op</u>tions along the way (and most are always open). 20 IBAR is sheltered from the winds and serves simple snacks and drinks. 21 CAIPICOMPANY specializes in caipirinhas.

The terrace at 22 PRAIA DE GONDARÉM has a wannabe Miami vibe. The terrace at 23 PRAIA DA LUZ, sitting right on the sand, is great for cocktails while melting on a deck chair (beautiful at night as well, with the luminated ocean and rocks). Like the others. **24 PRAIA DOS INGLESES** is a point from which you can see a great sunset with a cocktail in your hand.

ambiance of a place where dondocas (housewives from Foz) go for lunch with their BFF's. You can watch them

PARQUE DA CIDADE ("City Park") is very big and ends at the ocean. You can interact with the

GRAB A BITE

If the air of the Atlantic made you hungry, stop by the small grocery shop of AUGUSTO DA FOZ and buy a piece of homemade cake, some good bread a few slices of presunto (smoked pork ham), or some idmade biscuits. Then you just have to decide whether to eat in the park or with a view of the sea. (Mon-Fri 09:00-20:30, Sat-Sun 10:30-13:30 15:30-20:00)

1



3 MINUTES WALK

LION ON TOP OF AN EAGLE

lion (the symbol of the British Empire, who sent a large number of troops to help the Portuguese) overpowering COMICS AT THE MALL

(Mon-Sat, 10:00-20:00, 1st floor, shop 509/510)

MARKET WITH A FACELIFT

EAT ON THE WAY OR SIT DOWN PETÚLIA works as a combo: there is a delicates

Even if you don't need to pee, come to one of the first **PUBLIC LAVATORIES** in the city. Built in the early 20th century it features exquisitely hand painted toilet seats (now just for display, since post-refurbishment you can't pee on them anymore) and a weird hexagonal

30

WOW TAPAS CASA DE PASTO DA PALMEIRA is small, cozy and

relaxed, a restaurant for those who want to try some

NHOR DE MATOSINHOS Street festival with merry-go Inds, loud music, and fried sweet dough. Lasts the

best team and won the UEFA Champions League twice 1834 Because we are such avid supporters of King Pedro IV, fighting for liberal ideals against his brother D. Miguel, he decides his heart must remain here after his death. So they put it in jar at the

invented by the Brits?', 'I don't like Portuguese food,'

r music, drinking and eating grilled sarding ashing each other on the head with plastic

for free. Goes on for 40 hours non-stop at 68 and downtown www.serralvesemfesta.com

PRIMAVERA SOUND Open-air music festival. Extension of the famous Barcelona-based festival, with many big names from the rock/indie scene.

traditional food and music. The highlight is when people parade the streets dressed in paper clothes and

programme of free film screenings and exhibitions. D'BANDADA Concerts of every genre, for free. It's a one-night event with over 50 concerts at many locations.

theatre productions. Normally in Portuguese, but usually with English subtitles if it's at their main

lassical orchestra to electronic www.casadamusica

TEATRO DO BOLHÃO/ACE Theatre part of an academy with a mix of young and established actors. Mostly i Portuguese. www.ace-tb.com/teatrobolhao/archive/agenda

RALVES Mostly international programme of da

Aliados Square, exactly on the hour (01:00, 02:00, 03:00, 04:00 and 05:00).

TOURISM OFFICES

every day, Nov-May 09:00-19:00; Jun-Oct 09:00-20:00; Aug 09:00-21:00

every day, Jun-Aug, 09:30-18:30 (1h break) iPoint Ribeira (trailer on the square, close to 68)

if you are under 26, have

a student card, or buy

in advance.

LISBON

For schedules and prices check www.cp.pt. Discounts on some route

CAROLINA MICHAELIS

nibble salad while they discuss 'important matters'.

Next, see what it's really all about, an incredible terrace overlooking the sea where you can spend the afternoon feasting on croissants, cheesecakes and chocolate layer cakes. (Mon-Thu 08:00-23:00, Fri-Sat 08:00-00:00, Sun 08:00-20:00)

allowed for a few shops and restaurants to open up, all with a privileged view to

suggested to find some

use for it. Finally, in

2007, renovation works

but with a touch of novelty. (every day, 10:00-23:00/00:00)

5 MINUTES WALK

set of six urinals with a water tank on top.

ITEI International theatre festival with dozens f plays. www.fitei.com

name was kept, and is apropos to the surrounding romantic gardens with their delightful views over the river. Perfect for picnics (mind the peacocks roaming around, they will try to steal your food). Don't miss the art exhibitions at the MUNICIPAL GALLERY, (inside the library building, Tue-Sat 10:00-18:00, Sun-Mon: 14:00-18:00). they normally are quite interesting.

NATIONAL MUSEUM
NATIONAL MUSEUM SOARES DOS REIS hosts a fine collection of mainly Portuguese 19th and 20th century painting and sculpture with some masternieces Don't miss the 'Nambam Screens', It's a set of two 17th century Japanese hand painted screens depicting the arrival of those strange men with long noses, pale faces and weird clothes - the Portuguese, the first Europeans to get to Japan. (Tue-Sun 10:00-18:00, €2,5/€5)

VEGETARIANS AND CATS

For vegetarian and vegan lunches or snacks (like smoked tofu with olive paste, walnut and port wine cake, toast with olive oil and herbs) come to **QUINTAL BIOSHOP**. As a bonus, they have a few nice cats and a host that speaks a handful of languages. (Mon-Fri 10:30-20:00, Sat 15:00-20:00)



We would say **CENTRO COMERCIAL BOMBARDA**

has had edgier and more original shops, but this alternative shopping mall is surely still worth a visit, It houses shops of every kind, from contemporary jewelry to clothes by young fashion designers opticians with trendy eyeglasses, hairdressers, cafés and restaurants. (Mon-Sat 12.00-20.00)

ART GALLERYS' STREET

It's not really fancy looking, but Miguel Bombarda Street (and some of the nearby streets) is home to most of Porto's ART GALLERIES. There are more than 20, so just go around and you will find them. Sometimes they have good stuff, sometimes not so much. You be the judge. In the same street there's a variety of everything in an alternative version: clothes and accessories, decoration, restaurants, cafes, etc. (normally Tue-Sat 15.00-19.00/19.30)

41 CRAFT BEER After brunch, and gourmet burgers, the food

trend of the moment is, as you know, craft beer. We're not immune to it, and at CATRAIO CRAFT BEER SHOP, a bar and shop, you can try Porto-brewed Burguesa of Sovina, Minho's Letra, Lisbon's Passarola or Aroeira in addition to many foreign brands. (Mon-Thu 14:00-20:00,

FASHIONABLE TRADITIONAL

Despite the indie, ecological look, the beautiful things at **CORAÇÃO ALECRIM** will appeal to your consumerist instincts. Colourful handmade leather boots, woolen blankets from Estrela Mountain (they really warm you up in the winter), handcrafted rugs, traditional baskets that also serve as ladies' purses, clothes, furniture, and edible plants. (Mon-Sat 10:30-20:00)

RELAXED DRINKS A hotspot for late-afternoon drinks and

meetings, ADUELA is a small café where you can have a variety of Portugese wines at fair price, and local snacks such as fish preserves and cold meats with bread. If the terrace outside is full, do like everyone else and purchase your glass of wine, stand by the entrance chatting, or sit on the sidewalk. (Mon 15:00-02:00, Tue-Sar

SUGAR BABIES ARCÁDIA is a very old, very traditional chocolate factory featuring the kind of gifts you get that old

RÁDIO is a 3-in-1. In the back there's a garder

dance floor that gets very busy with party people after

midnight on weekends. On the first floor there's the

floor was the location of the criminal court in the 19th

century, where Camilo was sentenced (read 60). You

can still see Latin writing on the walls from that time,

in the early 20th century it was the famous 'Spring

Cabaret'. A bar with history, indeed. (Tue-Wed 18.00

02:00, Fri-Sat 18:00-04:00)

Rádio AM bar for cocktails and fancy drinks. This

aunt for Christmas. Besides chocolates, they have in many shapes with hand-painted designs of peas, carrots, olives, cherries, pigs and...babies, Imagine oiting a delicious baby's head and the liquor flows out BARS AND PARTIES' STREETS

45 CAFÉ WITH GOOD SNACKS A regular stop for the hip and trendy crow

CAFÉ VITÓRIA features a really lovely terrace and winter garden, a restaurant upstairs, and serves hot knife-and-fork snacks like codfish salad and scrambled eggs with farinheira, plus lunch menus for €6. A good place to read a book on the sofas in the afternoon, or for relaxed drinks and a chat later in the day (no DJ's or dance floor). (Mon, Wed, Thu, Sun 12:00-

indie vintage clothes Around downtown there are quite

recommendation, and MON PÈRE is one of them, The shop is inside a slightly shady-looking shoppin gallery, but worry not. Going inside this shop is like entering an indie music festival, with its oversized knitted jumpers, leather jackets, high waisted jeans sunglasses and bathing suits from other epochs. Mostly for the ladies, who can find cheap and really pretty things here. (Mon-Sat 14.00-20.00)

47 INVICTUS read 44 Gay Nightlife

PEOPLE AND DRINKS All that survives of this once classic used bookshop are the old books in the window, since CANDELABRO is now a café and bar with low lighting and soft music. Come in the afternoon for a quiet coffee and toasted bread with pumpkin jam, or drinks before or after dinner. A drinking crowd gathers on the little surrounding square. (Mon-Sat 10:00-02:00)

PORTUGUESE TAPAS

A small restaurant and delicatessen where you sit at a large communal table next to an open kitchen NABOS DA PÚCARA serves some Portuguese classic foods with good touches of novely, as well as creations of their own. The portions are quite small, so you should get a few things, which is ever better if you have some company. Think of portoblello mushrooms with port wine, marinated pickled mackerel or mussels with saffron, (Tue-Sat

CUTE STUFF **WORKSHOPS POP UP**

11:00-23:30, around €15 per person)

is a store with several shops inside selling Portuguese and international brands consisting of clothes, shoes (ladies, check Cortebel), orations, vintage looking kitchenware, items for the bathroom, etc). Not strictly a shop of traditional products (despit carrying them as well), but still a good stop for holiday souvenirs. (Mon-Fri 11:00-19:30, Sat 10:00-19:30

LOADS OF MUSIC

This is a large record shop, selling both viny and CD's, new and used. So, be it dark goth, indie rock, hardcore, jazz, electronic or Portuguese underground stuff, chances are they have it at LOUIE

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s Azeredo Mesquita, Rodrigo Affreixo, Joana

Visit Porto.

BEST BREAD AND BUISCUITS

THE PORTUGUESE LIFE

This was the shop that, a few years back, started $\,$

the whole revival of old school Portuguese products and

turned them into a cool thing. One side effect of this

the original A VIDA PORTUGUESA, a very beautiful 19th

century bazar with a great selection. These products

might at first look like vintage editions of brands

that have since modernised themselves. However

they are in fact genuine and have been around

Examples include fish preserves in beautiful cans,

soaps with nice wrappings, pottery that looks like

vegetables, classic Couto toothpaste, and toys and

notebooks from the days of fascism (we know

it's a bit perverse to buy things from such a

dark period of Portuguese history, but the

(Mon-Sat 10:00-20:00, first floor)

BEAUTIFUL BOOKSHOP

truth is they have a really nice retro design).

since at least our great-grandmothers' time.

Ask anyone, PADARIA RIBEIRO is Porto's bes bakery. With bread of every shape and size, as well as the finest biscuits for you to choose from, the variety is almost too much for the tiny space. Try the almendrados (almond biscuits from heaven), clarinhas (thin dough fried and stuffed with a sort of sweet such as veal or shrimp). (Mon-Sat 07:00-20:00)

PARDON OUR FRENCH

We know éclairs are a French classic, but even if the ones at **LEITARIA DA QUINTA DO PACO** are not purist, they are a must. Instead of the usual eggwhipped cream. The classics are topped with dark chocolate (but there are many other flavours). Also available are whipped-cream-filled berliners and a very rich homemade butter you can take home. (Sun Thu 09:00-20:00. Fri-Sat 09:00-01:00)

ICONIC TOWER

[AIL TURNED MUSEUM

and screams coming from this building and that's because it was a jail until 1974. Nowadays it's the PORTUGUESE CENTRE FOR PHOTOGRAPHY and hosts ibitions of arguable interest and a permanent collection of hundreds of cameras. It's all free, so at least go in to see what a prison looked like 250 years ago. On the square out front, there's a rather tasteless statue of a man embracing a naked woman, which celebrates Camilo Castelo Branco, a famous 19th century novelist kept imprisoned here for having sex with a married woman. The trial was at 52. (Tue-Fri 10:00-18:00, Sat-Sun 15:00-19:00, free)

GALERIA PAINEL Independent art gallery supported by the Faculty of Fine Arts, programmed by rotating young irators and showing work by young artists GOOD SUNSET VIEW me to the small 'park' at **PASSEIO DAS** 63 OLD PORTO

RUA DA RESTAURAÇÃO

5 MINUTES WALK

RUA DOS BRAGAS

RUA DE S.MIGUE

CAIS DE GAIA

AVENIDA RAMOS PINTO

66 CONCERTS IN A MARKET

HIDDEN RESTAURANT

Not easy to find, ESCONDIDINHO DO BARREDO

(at the bottom of 'Escadas do Barredo' - look for the red

doors as the name is not visible) is a small tavern with

(whose mother is the old lady sitting at the first table),

and try several great things: iscas de bacalhau (codfish

left in a sauce with vinegar for days until the bones

get soft), bolinhos de bacalhau (codfish and potato purée

salad), or whatever else they have. (Tue-Sun 13:00-21:30)

shaped like a ball and fried), salada de polvo (octopus

THESE BOATS ARE NOT MADE FOR WALKING

It was more than 200 years ago, but we still light

candles under this small bronze memorial. (see

ID WE MISS SOMETHING? IS THERE A MISTAKE

WANT TO SEND US SOME LOVE? WRITE TO US

PORTO@USE-IT.TRAVEL

PORT WINE CAVES

e some tasting at the end

'Impress the Locals',1809)

wrapped in a dough and fried), escabethe (fried sardines

ong benches and an open kitchen run by two sisters

They serve small portions, so come with friends

Although the name literally means 'looking t Gaia', the view of the lower MIRAGAIA district has been blocked since the 19th century, when the building of the massive ALFÂNDEGA NOVA ("New Customs House"), cut the access to the iver and ruined the boat-making business. The

neighbourhood is still rather unexplored, so you can

still enjoy an old school vibe just by walking around

the maze of narrow alleyways and tiny stairs, (Tue-Fri

10:00-13:00/14:00-18:00, Sat-Sun 15:00-19:00, €7,50)

Rather modest looking on the outside, the IGREJA DE SÃO FRANCISCO ("Saint Francis Church") has an immensely rich interior. The altars and decorations were almost entirely covered in gold in more like a golden cave. And for the morbid souls among you there are catacombs you can visit (onen every day; Nov-Feb 09:00-17:30; Mar-Oct 09:00-19:00; Jul-Sep

AN ODE TO CAPITALISM Trade in Porto was once

mportant enough for the city to have it's own stock exchange (now merged with Lisbon') Naturally this called for a luxurious 77 1 building. If you PALÁCIO DA BOLSA

you can admire the 'Arab Room CASTANHAS (decorated like something out of a Moorish palace), the 'Nations' Courtyard' with its peculiar collection of coats of arms from past empires, and many other richly decorated interiors. (every day, Apr-Oct 09:00-18:30,

Nov-Mar 09:00-12:30/14:00-17:30; €8,5/€5; only guided visits)

POSTCARD VIEWS

A symbol of the iron and glass architecture occupying the historical 19th century Ferreira Borges Market, HARD CLUB has two stages and hosts concerts for nearly every taste. If you don't find anything you fancy, you can still walk in and enjoy the site. It also has a nice terrace for drinks. (Tue-Sun 11:00-00:00. Prices vary with concerts, so check facebook.com/HardClubPorto)

ALL THAT GLITTERS IS GOLD

baroque **SANTA CLARA CHURCH**, so hidden that even most locals pass by without knowing about it. Inside admire its glittering beauty: from floor to ceiling it's all carved wood completely covered with gold leaf. (Mon-Fri 9:30-12:00/15:30-18:00, Sat 15:00-18:00, Sun 10:00-11:00, free)

MASH UP CATHEDRAL The main structure is medieval, the cloister

the square outside an invention from the 1940s. But perhaps the most interesting thing inside the **<u>SÉ CATHEDRAL</u>** is the Silver Altarpiece (left of the main altar). A widespread legend says it was painted white during the Napoleonic invasions to make the ench think it was made of wood so they wouldn't steal it. Aren't we smart? But it's not true, and documents prove we paid them not to take it (every day, 09:00-12:30/14:30-18:00 or 19:00, free)

gothic, the exterior redone in the baroque era and

TOURIST STREET

Take a stroll at RUA DAS FLORES. It used to be one of downtown's darkest streets, but since it became edestrians-only in 2014, it has developed into one of the most touristic); there are antique bookshops fancy delicatessens, charming hotels and fine dining estaurants. Even the electricity boxes were painted by some of the city's best street artists.

www.umacertafaltadecoerencia.blogspot.pt)

A CERTAIN LACK OF COHERENCE

decrepit building. Hosts mainly solo exhibitions

Artist-run space working inside the most

(Sat afternoon (?) or by appointment; Rua dos Caldeireiros, 77 TILES AT THE STATION The main hall of the SÃO BENTO railway

station (opened 1916, and nowadays the epicentr commuting) is covered in more

than 20.000 ainted tiles) s it's no wonder i took the artist them 10 years to finish the

Not really the nicest place for your holiday

Instagram pics, this is a big dark tunnel with no windows, and some people not looking their best. But GARE has a powerful sound system and is totally big name DJ's from Berlin, London and the like. Our advice: don't go before 03:00 (or later) and without having had a few drinks, because this place is heavy. (Fri-Sat 23:00-06:00. Prices variable, and sometimes you have to get tickets in advance, Check facebook, com/gareporto)

ZOOM read 44 Gay Nightlife SAFE ART

Have you ever been in a bank vault, like the ones you see in films? Going for an exhibition at CULTURGEST, housed in a former bank, might be the chance you never had! They exhibit work by international middle-career artists, and even the safe where the money used to be kept (which is downstairs) is used to exhibit works of art. (Mon-Sat, 10:00-18:00, free)

If you've been to Lisbon and had bifanas, forge . They've got it all wrong. Their tasteless, grilled at in a bun cannot compete with our very thin red pork loin. It's cooked in a spicy sauce until t alls apart, and then put between warm, r th they are cooked is never washed, in order the taste more complex. Try bifanas at **CONG**

BREAD WITH PORTO ACCENT

Other than its inarguably tasty bread (try maminhas de regueifa, made from a highly-refined wheat flour and shaped as a breast (maminha means 'boobie' and cakes (mostly Portuguese and stuffed with a

million eggs), go to CONFEITARIA DO BOLHÃO for its decadent Art Nouveau architecture and the clientel that comprises some of the most "typical" people in Porto: the sellers from Bolhão Market from right across the street. (Mon-Fri 06:00-20:00 Sat 07:00-19:00 THE HEART OF TOWN

BACALHAU, BREAD, SAUSAGES

already "mercearias finas" (delicatessens) selling bu

a fine selection of simply the best food Portugal has

foodie trend brought them back with a new allure. A

good share of them are located on the streets around

Bolhão market such as CASA CHINESA MERCEARIA

POR MAIS. Visit them for breads such as Broa de Avinte

thing hanging over the door), the best nuts, dried

and caramelised fruits (ask for Ameixas de Elvas, plums

cooked for days in a complicated way), or an exquisit

selections of charcuterie, be it alheira (sausage made

out of chicken, bread and spices), farinheira (cured

norcela (blood sausage). They also feature a wide

of smoked whatever.

sausage made with flour, pork fat and paprika) or

variety of cheeses, wines and canned fish preserves

Ask the staff for help, as they are super nice and speak ecent English. All these places vacuum-pack their

stuff if you ask, so that none of your luggage will stink

or Pão de Montalegre, bacalhau (salted codfish, that white

Long before the gourmet frenzy, there were

to offer. After some difficult years, the arrival of the DO BOLHÃO, PÉROLA DO BOLHÃO, OT COMER E CHORAR

PORK&SPICE=NICE

Tue 09:00-00:00, Wed-Sat 09:00-02:00, Sun 11:30-00:00, €

M METRO

T TRAIN

BUS/TRAM

F FUNICULAR

C CABLE CAR

(i) TOURIST INFO

SUPERMARKET

LOCKERS €3-4/24

ART SPACE

V URBAN ART

"ART'S DISTRICT"

AVENIDA RODRIGUES DE FREITAS

07:30-20:30, Sat 07:30-19:30) BEAUTIFUL TOP TOURISTY CAFÉ

dinner, dishes around €9)

CUNHA is an old-school snack-bar that keeps

intact the original 60's design, with both booths and

a long counter. They still serve shrimp cocktail here

as if it were the fanciest thing ever. The food is good

only $\ensuremath{\epsilon}$ 10,90, and is actually quite nice, with a lot of

place feels much nicer after dark, so come for a coffee

on the staircase of SILO AUTO, a 9-story high car park;

best to take the elevator to the 7th floor and then walk

Every Tuesday, at around 22:30-23:00, at ESMAE

Despite the existence of a younger generation

own the stairs and see every work). (every day; free

84 FROM ABOVE

to the 16th floor of Don

Henrique Hotel and in the

17° BAR. This rather fancy

cocktail bar provides one

of the most breath-taking

views of Porto, and if the

the terrace outside.

weather is nice, they open

options, many of them of Portuguese food. Tip: the

but not overly special. Watch for the all-you-can-

eat buffet (Mon-Sat, lunch and dinner) because it cost

or a drink after dinner. (every day, 12:00-02:00.)

ART AT A CAR PARK

86 PRIDE read 44 Gay Nightlife

THERE CAN ONLY BE ONE

88 JAZZ JAM SESSIONS

HEARTWARMING FOOD

(the Music and Theatre Academy), the students

play free-entry jazz jam sessions. Sometimes before

he concerts there are also barbecues in the garden

that anyone can join (beer for €0,80, and the food is

also cheap). Check the programme on facebook.com/

eager to eat traditional dishes such as boiled fish

restaurants have given up on them because they

remind people of poorer times. Thankfully, we still

delicacies, go with the costeletas de sardinha (literally

'sardine chops', sardines opened in half and fried

DUMPLING EMPIRE

can rely on CASA NANDA. If you feel like skipping these

with bread crumbs) or the bolinhos de bacalhau com arroz de

pace for desserts (got the plural?). (Mon-Sat, lunch and

Rissóis are fried dumplings filled with meat

or shrimp or whatever you want. They are usually

other sweet and savory pastries they have are also

eaten as a snack, and IMPÉRIO constantly has batches

coming out, so you can always have them warm. The

good, but you are insane if you skip the rissol. (Mon-Fri

reiião (codfish cakes with rice and beans). Leave some

head or ovas (fish eggs still inside the ovaries), most

OLD CINEMA NEW BAR More artsy fartsy than Maus Hábitos acros the street, PASSOS MANUEL is like the living room of the arts, music and cinema crowd. The good, ne bad and the wannabes have drinks at the bar of this former cinema, which has kept its stylish dark interior from the 70's intact. There is also a good programme of independent cinema, concerts, DJ sets and parties on the weekends. Don't miss the hidder

white rooms with sofas! (Wed-Sat 22:00-04:00, look for the lefthand side www.facebook.com/espacomirafotografia neon sign on the same building as Coliseu do Porto)

BAR AND CLUB AT A PENTHOUSE Take the lift (or the stairs) up to the 4th floor of this modernist garage building and you will find MAUS HÁBITOS ("Bad Habits"), a bar with several oms and terraces where you can come at any time of the day (it's lovely in the afternoon as well). This is where people from the independent music and art and international bands, and parties (Fri-Sat) that range from cumbia to queer to hiphop or indie-rock (or a mix of it all). Also, young curatorial collectives have of emerging artists in the allery space, and they are often quite interesting. www.maushahitos.com/exposicoes). There is a restaurant as well (lunch and dinner), serving very good pizzas and getarian food. (Mon-Tue 12:00-15:00, Wed-Thu 12:00-02:00,

CHEESE MEETS HOLLYWOOD QUEIJARIA AMARAL is a top-class old-school

cheese shop where you can buy some of Portugal's best cheeses, from buttery Serra to spicy Serpa and moist Requeijão da Beira Baixa (vou've never heard of them, we know, but there's a lot of good cheese in the country. Don't be shy, try it!) It is also known for owner Maria José Silva's unexpected hobby as an amateur mmaker. Her films, featuring a lot of family members, are also available for sale. (Mon-Sat 09:00-19:00)

95 DUAS DE LETRA With a trendy vibe, **DUAS DE LETRA** is a small

Fri-Sat 12:00-04:00)

cosy café good for when you want to have a long chat or read a book (arrive with time to spare, for the service is not exactly fast). They have lunch menus for 5 (think of salmon pie, vegetable curry, and pumpkin soup), serve snacks like scrambled eggs and toasted bread with mushrooms all day long, and always have a slice of caramel pie or cheesecake to entertain you while you sip your coffee. (Mon-Thu 10:00-22:00, Fri-Sat 10:00-00:00, Sun 14:00-20:00)

Regular international programme of ntemporary art, occasional experimental and improvised music performances and events devoted to literature and thought, (Thu-Sat 16:00-20:00; Praça dos Poveiros

56, 1st floor (entrance through the newsstand). www.sismografo.org) 97 CHEAP AND GOOD VEGETARIAN For cheap and good vegetarian and vegan meals, come to ARVORE DO MUNDO ("Tree of the

World"). They offer full meal every day menus for €7/€9 if it's dinner) consisting of a starter, main cours soup and drink: think stuffed tomatoes, bean stew or roasted tofu, plus wonderful desserts like banana mousse or date and almonds pudding. The restauran is cosy and has a warm feeling, plus a sunny terrace on the back. Though kind of self-service, it really isnt a canteen. (Tue-Thu 12:30-19:30, Fri-Sat 12:30-00:00) 98 RUA DO SOL 172

A collective working space for young artists, workshops. Located inside the building of the centenary association of Catholic Workers. (Rua Duque de Loulé, 206; www.facebook.com/ruados

URBAN ISLANDS

GOT SOME DIRTY SOCKS?

clothes were washed by hand in public communa basins. Many still exist in Porto, but this WASH HOUSE (turn left under the bridge where the street starts going down) has the best view, and as you might see people still come here to wash, these days mostly jus big things like carpets and heavy blankets.



MACROBIOTIC CANTEEN SURIBACHI is a canteen-style macrobiotic restaurant that serves honest, well-seasoned tasty

food which always has cooked whole grains on the enu, as well as stir-fries, miso soup and a variety of rissoles, tarts, quiches and desserts. The bizarre mix of kitsch water-fountains, decorative pumpkins and relaxing pan-pipe and flute music certainly makes for an amusing experience. Don't forget to try their delicious, homemade bread! (Mon-Sat 09:00-10:00

NOVA ERA

This place is noisy, big and always busy People come to NOVA ERA RESTAURANT because the food feels like home and is very well cooked, the nenu offers some 30 dishes, and the portions are arge and cheap (half a portion costs around €10 and is more than enough for two people - they have quarter portions for a reason). You can try classics like arroz de pato (rice cooked with chunks of duck and sausage and then baked), bacalhau com natas (pieces of codfish with cream and potatos baked in the oven)

stewed beef tongue, various roasted meats or thick

fish soup. (every day 09:00-23:00)

Three large former warehouses, focused mostly on photography and video. The programn changes very frequently. (Tue-Sat 15:00-19:00; Rua de Miraflor, 159. Keep going down Rua do Heroismo for a bit more, and Rua de Miraflor will be on your

TOY SOLDIERS

What used to be the headquarters of the PIDE (political police of the fascist regime) is now the MILITARY MUSEUM, Inside you can admire a collection of Portuguese weapons from the 15th to the 20th centuries while also learning some history. But if that sounds boring, then go and enjoy the impressiv collection of 16.000 tin toy miniature soldiers, featuring armies from ancient battles up to World War II. (Tue-Fri, Sun 10:00-12:30/14:00-17:00, Sat 14:00-17:00, €3)

TAKE A LONG, LONG, REST he 19th century **PRADO DO REPOUSO** is the city's first public cemetery and has many beautiful

graves from that time. Number 177/33 has a curious story. It was built in 1868 by a rich prostitute who, after many years of serving men and hating them, fell in love with a younger lady. The lover died, and the older woman asked to be left alone with the body, chopping off its head to keep as a memento. She was taken to court but considered innocent because everybody saw the macabre gesture as an act of love. To this day, prostitutes from the nearby streets still put flowers and light candles at the site. (every day, 08:30-17:00, free)





61 GALERIA PAINEL 74 A CERTAIN LACK **85** GALERIA SILO AU 98 RUA DO SOL 172 103) ESPAÇO MIRA

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